

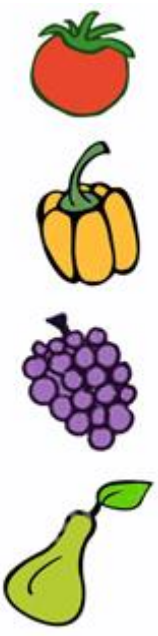
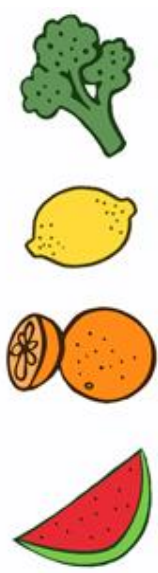
Happitots Cumbernauld Menu



All chicken/meat options can be replaced with a meat free alternative as per individual child's needs.

Where required food will be pureed, semi pureed, mashed or chopped to meet the needs of babies and younger children.

| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|---|--|
| Morning Snack (all served with Fresh Fruit) | Wholegrain cereal or Wholemeal/white bread toast | Wholegrain cereal or Wholemeal/white bread toast | Wholegrain cereal or Wholemeal/white bread toast | Wholegrain cereal or Wholemeal/white bread toast | Wholegrain cereal or Wholemeal/white bread toast |
| Lunch | Chicken Goujons, Vegetables & Mash or Tomato Pasta with Garlic Bread | Cowboy beans on Toast or Chicken Korma with Rice | Sausage & Mash with Vegetables or Cheese Toastie with Wedges | Homemade Pizza with Veg Sticks or Spicy Chicken Wraps with Mayo & Salad | Sandwiches & Salad or Macaroni Cheese |
| Pudding | Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter |
| Afternoon Snack (all served with Fresh Fruit) | Scone with jam & Fruit | Pancakes & Fruit | Toasted Crumpets & Fruit | Banana Bread & Fruit | Sweet Treat Friday – Home baked treat & Fruit |



* All of our menus adhere to current Setting the Table Guidelines which you can see [here](#)



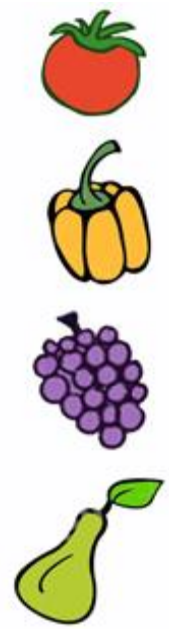
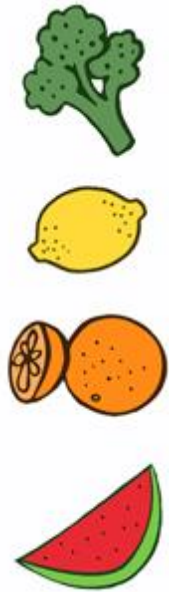
Happitots Cumbernauld Menu



All chicken/meat options can be replaced with a meat free alternative as per individual child's needs.

Where required food will be pureed, semi pureed, mashed or chopped to meet the needs of babies and younger children.

| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|--|--|
| Morning Snack (all served with Fresh Fruit) | Wholegrain cereal or Wholemeal/white bread toast | Wholegrain cereal or Wholemeal/white bread toast | Wholegrain cereal or Wholemeal/white bread toast | Wholegrain cereal or Wholemeal/white bread toast | Wholegrain cereal or Wholemeal/white bread toast |
| Lunch | Fish Fingers with Vegetable & Mash or Macaroni Cheese | Beef Burgers in Pittas with Salad or Homemade Cheese & Tomato Pizza | Chicken Tikka Wraps with Salad or Scrambled Egg on Toast | Spanish Meatballs with Savoury Rice or Baked Potato with Cheese & Beans | Sandwiches with Salad or Tomato Pasta with Garlic Bread |
| Pudding | Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter |
| Afternoon Snack (all served with Fresh Fruit) | Banana Bread & Fruit | Scones with Jam & Fruit | Toasted Crumpets & Fruit | Pancakes & Fruit | Sweet Treat Friday – Home baked treat & Fruit |



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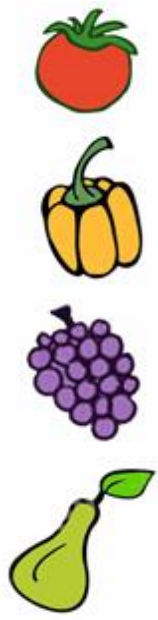
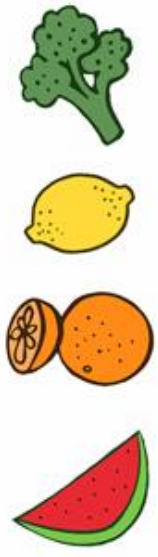


Happitots Cumbernauld Menu

All chicken/meat options can be replaced with a meat free alternative as per individual child's needs.

Where required food will be pureed, semi pureed, mashed or chopped to meet the needs of babies and younger children.

| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|--|
| Morning Snack (all served with Fresh Fruit) | Wholegrain cereal or Wholemeal/white bread toast | Wholegrain cereal or Wholemeal/white bread toast | Wholegrain cereal or Wholemeal/white bread toast | Wholegrain cereal or Wholemeal/white bread toast | Wholegrain cereal or Wholemeal/white bread toast |
| Lunch | Fish Cakes with Vegetables & Mash or Tomato Pasta with Garlic Bread | Chicken Curry with Rice or Cheese & Ham Toastie with Wedges | Spaghetti bolognaise or Baked Potato with Cheese & Beans | Sausage Rolls with Vegetable Cous Cous or Cheese & Tomato Puffs with Salad | Sandwiches with Salad or Macaroni Cheese |
| Pudding | Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter |
| Afternoon Snack (all served with Fresh Fruit) | Scones with Jam & Fruit | Banana Bread & Fruit | Toasted Crumpets & Fruit | Pancakes & Fruit | Sweet Treat Friday – Home baked treat & Fruit |



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